



DAYSTAR NEWS

Annual Meeting 2010

Serving all who rely radically on Christian Science for healing

Board Report by Geri Fill, President

Hello, good afternoon, and welcome! We are so grateful to have our annual meeting in such a beautiful church - We appreciate the hospitality of First Church, Fort Lauderdale and thank you.

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Daystar supports the demonstration of spiritual healing as it meets the human need of the patient, in a loving, healing atmosphere. Daystar is a place any Christian Scientist can come for comfort and support. There is no invasion of privacy, no examination of the body, but true encouragement, tender care, and loving hearts. Daystar does not turn away anyone seeking healing through Christian Science - not anyone. Some are able to pay for their complete care and stay, but some are not - we will not turn them away - they are all welcomed with loving arms, and we witness much healing.

For many years, Daystar has offered Benevolence for those who are in need of our financial support. We are deeply appreciative to those who have aided us in carrying on this mission. Your contributions now - and in the future - are needed, and may be one of the most important gifts that you could make toward this Christian healing movement. We ask that you consider a special or a monthly donation to Daystar, which will enable us to continue this wonderful work. Without Daystar in South Florida, those who are radically relying on Christian Science for healing might have no other choice but to go to a Christian Science care facility much farther away.

This last year Daystar's operations were inspected by two different accreditation organizations and our standards were praised. The staff and patients were interviewed, each room and area examined, our policies and procedures scrutinized. In both inspections Daystar was awarded full accreditation for three years.

A financial review for the year ending September 2009:

- Operating expenses were just over \$1.1 million.
- Approximately 18% of our costs were not covered by patient income, gifts and bequests, contributions, or other income.
- Over \$31,000 was given in benevolence. During the year we borrowed approximately \$190,000 from the Daystar Foundation, an endowment fund established to support Daystar.
- Daystar has the resources to continue as a viable operating entity for the foreseeable future. However, Daystar needs continued and increased help from the field to continue its mission.

Some words from Hymn 360 come to mind:

“True, the heart grows rich in giving;
All its wealth is living grain;
Help to bear thy brother's burden,
God will bear both it and thee.”

These words remind me of fellowship - helping one another. Assisting our fellow Christian Scientists that have no insurance and/or limited financial resources - helping them, yes, supporting them through what might be a challenging time.

I'll end this report by expressing deep gratitude for the many forms of support - that of which prayer is the highest - from you, its dedicated staff, and all those that love Daystar and its healing mission.

ADMINISTRATOR'S REPORT by Beverly Luttrell

Our speaker's talk today is focused on commitment to Christian Science nursing. And I'm also going to talk about commitment—commitment between Daystar and the Christian Science field. I'm so pleased to see all of you here today—this is a demonstration of your commitment! Thank you!

Daystar is committed to serving the Christian Science community; first with Christian Science nursing, then with a residential program for those

who are independent but enjoy not having to cook or clean, and last providing a quiet retreat for Rest & Study.

It's a partnership between the field and Daystar. One link in that partnership is the Liaison Board. These people are the communication connection between the churches and Daystar. Thank you for keeping us in touch with your church!

Most of our staff have been with Daystar five or more years. Why is it that the staff is so dedicated to Daystar? Its commitment--a commitment to serving our fellow man; a commitment to Christian Science. For many of us it's a ministry. There is a sense of dedication to Daystar's purpose, whether as a Christian Science nurse or in an office, cleaning a room, preparing a meal or repairing a broken pipe. This is the staff's commitment to Daystar. It's the means by which we love and serve our brother man.

Daystar needs a strong commitment from you. When you are praying, please include Daystar in your prayers. When someone needs care, think of Daystar. Better yet, call Daystar. We want to meet that need and we need your help to do it. If each of you commits to supporting Daystar in your own way, it will continue to flourish. Let me rephrase that. You will be supporting your brother or sister who needs Christian Science nursing. You become the Good Samaritan. Daystar is the vehicle through which your love and benevolence goes to them. One of Mary Baker Eddy's hymns contains a phrase that means so much to me--"My prayer, some daily good to do to Thine, for Thee; An offering pure of Love, whereto God leadeth me" (253). With your commitment, Daystar will continue to fulfill its mission.

SERVICE AWARDS

STAFF

Charles Mwanga - 15 years
Taphrosa Mwanga - 10 years
Julius Ochoro - 10 years
Moses Machayo - 5 years

RETIRING BOARD MEMBERS

Ron Love - 8 years (past
President & Treasurer)
Lorna Wolf - 8 years

A Patient's Remark

"There is a degree of professionalism that enhances the effectiveness of treatment. One gets the feeling that the Christian Science nurses and staff go out of their way to be helpful and kind. All this adds to the loving, healing atmosphere that surrounds you from the moment you arrive to well beyond the time you leave. I feel very grateful that Daystar was there when I needed it."

CHRISTIAN SCIENCE NURSING REPORT

by Charles Mwanga, Christian Science Nursing Director

I would like to take this time to thank the Board of Directors, the Administration, the Christian Science Nurses, Daystar's staff, and each one of you for your wonderful support of this healing ministry.

What is Christian Science Nursing?

The foundation of Christian Science Nursing is found in the *Manual of The Mother Church* by Mary Baker Eddy on page 49, Article VIII, Section 31. Christian Science Nursing is a healing ministry. Our healing practice is based on the teachings of the *Bible, Science and Health with Key to the Scriptures*, and other authorized writings of Mary Baker Eddy. Metaphysics is the most important tool of our practice.

Christian Science nurses minister to the patients' needs of care by supporting, and upholding the individual's reliance on Christian Science treatment. Duties include a broad range of theological and ethical responsibilities.

We listen for divine guidance in fulfilling our duties and minimizing distractions in the environment in order to support the healing. In *Science and Health with Key to the Scriptures* page 392:24 our leader writes, "Stand porter at the door of thought".

While the patients pray with their practitioners, Christian Science nurses are engaged with meeting patients' needs of reassurance, lifting, mobility, personal care, food preparation, cleansing and bandaging wounds, as well as other individual needs. All of the practical needs are met with Love.

Here are some of the healings and remarks from our former guests.

A patient was brought in by her son who was not a Christian Scientist, but respected his mother's decision of relying on Christian Science treatment. According to the information we received from him, his mother was a bed patient. Two Christian Science nurses received the patient and reassured her. They lifted her from the car to a wheelchair and wheeled her to her room. They lifted her again to the commode chair and wheeled her to use the bathroom. While in the bathroom, the patient gained her dominion, stood on her feet and was introduced to a walker. The immobility was healed.

A remark:

"I am so grateful for a healing of severe bed sores, bruises, and bumps I had from a previous fall. I had a fall in my home and was taken to a local hospital because of a broken hip. I was there about a week, was then released and brought to Daystar.

I cannot fully express all the love, kindness, care and encouragement I received from the entire staff, and I am so grateful for each one of them for their dedication and love in helping and healing people in Christian Science.

I am also grateful for the loving practitioner who kept my thinking on the real and true, consistently, at all times during our phone

conversations. Thank you all again for the loving and healing work you are doing.

Thanks to the Daystar personnel for the loving and encouraging atmosphere; also for the availability of the library with all its study and research materials."

We have witnessed many healings both large and small. It is the activity of Love that does the healing.

"With the support of a practitioner, I came to Daystar for rest and study due to some problems I was working out. My first day at Daystar, the pain which had plagued me when walking, standing, sitting and lying down was gone. In a few days I started having my normal bowels that had not been functioning properly, and the swelling of legs and feet came down to normal size. I could put on shoes that I had not done for the last 3 months. The labored breathing and wheezing is now regular and normal."

Christian Science Nursing: A Sacred Commitment by Linda Dinardo, CS

Excerpts from the Daystar Annual Meeting address March 2010

We're here today to honor and cherish the commitment of the Christian Science nurses, and the loving, practical care they give at Daystar. We are blessed with the availability of Christian Science nurses who provide care for the spoken and unspoken needs of Christian Scientists. The *Church Manual*, (Article 8, Section 31) describes Christian Science nurses as those who have a demonstrable knowledge of Christian Science practice, can make it practical through wisdom, and can take proper care of you. In *Science and Health*, Mary Baker Eddy describes the qualities of an ideal Christian Science nurse as "cheerful, orderly, punctual, patient, full of faith, and receptive to Truth and Love." (SH 395:18) What wonderful qualities these are for us all to express – especially Christian Science nurses, who are standing firm with you in your time of need, with practical wisdom and tender care.

Today, we're going to explore what it takes for Christian Science nurses and Christian Scientists to keep this sacred commitment while confronting challenges and in the face of suffering. We'll concentrate on three main points that are essential to sustaining, maintaining and growing a spiritual practice of Christian Science nursing and a spiritual practice in Christian Science. First we'll look at Daily Defense, and then the True Economic Reality and we'll finish with Continuing Education- striving to learn more of the infinite Unseen.

Let's begin with looking at the need to defend ourselves daily. Defending our thought helps us to demonstrate the truth of God's creation and power. Our Leader tells us, "You have simply to preserve a scientific, positive sense of unity with your divine source, and daily demonstrate this." (Pulpit and Press 4:9) Preserving a sense of unity with God is a spiritual, mental sense of unity. That's the sense of – "full of faith" – that Christian Science nurses bring into the sick room. Being conscious of our oneness with God, with omnipresence, omnipotence and omniscience – being aware in just one moment of divine consciousness, clothes us in divinity.

But how do we preserve that sense of unity with God? One way is described in Ephesians 6, Put on the whole armor of God. I like to take this description of the armor of God and use it to clothe myself mentally every day. Let's see what that might look like.

1. ***Having on the breastplate of righteousness*** – physically putting on your shirt or blouse, while mentally declaring – I'm putting on the breastplate of right thinking and acting according to God's government of the universe.
2. ***Having your loins girt about with truth*** – you're putting on your shorts, pants, skirt – while mentally you are thinking my loins are girt with Truth. The truth that Christ is here, that life is spiritual, that perfection is a fact of being, that the truth of the gospel of Christ is reality.
3. ***My feet shod with the preparation of the gospel of peace*** –putting on sandals, shoes, sneakers, slippers, whatever – but mentally declaring that the gospel of peace is the way in which I will walk today.
4. ***Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.*** It defends us from the fiery darts that we aim at ourselves, keeps us from ruminating about dis-ease, answering the "what if" questions with "God is" answers. The shield of faith is all powerful. It's your health care, your portable missile defense system, your key to happiness and inner peace.
5. ***...and the sword of the Spirit, which is the word of God.*** Once you know how to use and are an expert with the Word of God, it becomes an involuntary action; it's always ready to be spoken, out loud or silently. *Semper paratus* is Truth's motto. (SH 458:15) "For the word of God is quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart. (Hebrews 4:12)
6. ***And the helmet of salvation.*** Lastly, I clothe myself with the helmet of salvation, my oneness

with God, my saving grace, my at-one-ment with Christ. As Paul said in Romans 8:38, “For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord”.

Now I’m ready for my day; ready to face the world, knowing that my defense is sure. I am conscious of the presence and power of God. Whether you’re a Christian Science nurse heading into a sick room or a retiree heading onto the golf course, don’t go into your day without your armor.

Now that we’re properly clothed, let’s look at the true economic reality of our lives. It can be summed up in six words, “All that I have is Thine.” (Luke 15:31) Our personal economic situation, that of our churches, our neighbors, our nation and the world economy all have the same basis -- “the measure of the stature of the fullness of the Christ.” (Eph.4:13) That fullness, rich and overflowing, is ours, always has been, is now and always will be, because we are the reflection of the allness, the infinitude of the living God.

In Unity of Good (26:21), our Leader wrote, “If God be *changeless goodness*... what place has *chance* in the divine economy?” How then can we refute the world’s claims of financial lack, of hunger, lack of peace or of a stable climate? By following our Leader’s demonstration and explanation – “We must first, turn our gaze in the right direction.... “We must form perfect models in thought and look at them continually.” (SH 248: 26) See that perfect model, full and overflowing-- the allness of God’s creation. And when the matter model, the world’s machinations of lack, instability, destruction are presented to your thought, hold thought steadfastly to the perfect model. Choose this day and every day, ‘whom ye will serve’--lack or infinite abundance. See the perfection of Daystar, the Christian Science nurses, the administration, the finances, the facility, the patients and residents, and see financial perfection for yourself, your church, your community, your country and the world. “Perfection underlies reality”. (SH 353:16)

Now let’s think for a few minutes about continuing up the path of spiritual growth - our continuing education of daily learning more and more of the infinite God. Mary Baker Eddy states in

Unity of Good (7:21), “...an acknowledgement of the perfection of the infinite Unseen confers a power nothing else can.” Becoming conscious of the Unseen, invisible God – aware of the ever-presence of divinity – is a gift that is available to all who seek the knowledge of God. And with that knowledge and understanding of infinite perfection, comes the power of its presence. Mrs. Eddy says, “when I have most clearly seen and most sensibly felt that the infinite recognizes no disease, this has not separated me from God, but has so bound me to Him as to enable me instantaneously to heal a cancer which had eaten its way to the jugular vein.” (Unity of Good 7: 8)

We can expand our understanding and healing power by learning more about God. Mrs. Eddy tells us over and over the importance and benefits of understanding God. “...spiritually understanding God, sustains man under all circumstances;” (SH 319:8), “...the right understanding of Him restores harmony.”(SH 390:9) “...demonstration is based on a true understanding of God...” (Rud. 11:20).

We have an opportunity with the weekly Bible Lesson to gather ideas. Really studying, not just reading the Bible Lesson, is a wonderful continuing education lesson each week. It should be fun and invigorating, a joy to learn more every day of your Maker.

I’d like to close with excerpts from an article, “Stick to it!”—a historical glimpse of primary class instruction with Mrs. Eddy, written by Judy Huenneke (see the March 8, 2010 Sentinel). Gustavus A. Walther, a student in the September 1888 class, described his experience with Mrs. Eddy: “At the end of our class, each one of us had to stand up when our name was called and answer the question she would ask us for the benefit of the whole class.... So when it came to my turn, she pointed her finger at me and said: “Can you ever be sick and were you ever sick and are you sick now? ...Then a light opened in my mind and I said: “According to the truth, I never can be sick and I never was sick and I am not sick now.” She waited a moment to see, I thought, if I would say any more, but I did not. Then she said to me: “Stick to it!” and tears rolled down her cheeks for joy that she had accomplished her purpose. “

Daily defense, holding the perfect model of the Divine economy in thought, and learning more of the infinite Unseen everyday – ***Stick to it!***

Wherefore take unto you the whole armor of God, that ye may be able to withstand in the evil day, and having done all, to stand.
Eph 6:13